

Managed by Sardar Patel Education Trust, Anand

B.N.PATEL COLLEGE OF PHYSIOTHERAPY

Affiliated to Sardar Patel University, Vallabh Vidyanagar

Recognized by Health and Family Welfare Department, Govt. of Gujarat

Registered with Gujarat State Council for Physiotherapy(Reg no. GPC/INST-SF/67)

3 STAR RANKED INSTITUTE GIVEN BY GUJARAT STATE INSTITUTIONAL RATING FRAMEWORK (GSIRF) 2021

Opp. B.N.PATEL INSTITUTE OF PARAMEDICAL & SCIENCE (PARAMEDICAL DIVISION)
N. S. PATEL CIRCLE, ANAND. 388001 (GUJARAT)



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B N PATEL COLLEGE OF PHYSIOTHERAPY



PREFACE...



B. N. Patel College of Physiotherapy is managed by Sardar Patel Education Trust, Anand, established in the year 2016. Bachelor of Physiotherapy course is Affiliated to Sardar Patel University, Vallabh Vidhyanagar, recognized by Health and Family Welfare Department, Govt. of Gujarat and registered with Gujarat State Council for Physiotherapy. It is overall of four and half years of duration (4 years of Academics and 6 months of Internship).



During the Covid -19 pandemic time.. the Institute has provided excellent services to the community. From providing physiotherapy services under the guidance of GSCPT council to provide vaccination to community supported by government, the Institute has never failed in serving the community.

The institute has always seen quality education as first priority, the course is integrated with clinical postings at hospitals and OPD, on field training exposure, innovative teaching methods, interactive sessions with expert eminent speakers, seminars, symposiums, workshops, conferences, educational trips, focus on research in diverse fields and other subjective training to augment their 360 degree knowledge.

The Institute is having different Clinical Departments Such as Musculoskeletal, Neurological, Pediatric, Cardio-pulmonary conditions, Women's Health and Community based rehabilitation at the college. The College also runs 3 Physiotherapy Extension Clinics across the district which not only provides a great learning opportunity for the students but also quality treatment to the members of the community. The College has also done Collaboration with well-known Multi-specialty hospitals across Anand, which provides the students with exposure in various disciplines of the profession.

It has a prodigious infrastructure with well equipped Laboratories, Educational smart Class Rooms, Excellent Library Facilities, Spacious Auditorium and Sports Ground for Recreational Activities.

Apart from regular academic forum, the institute is also involved in organizing many other community welfare services, such as Weekly Community Camps, Weekly Knee Club, Weekly Parkinson's Club and Blood Donation Camps.

B.N. Patel College of Physiotherapy was awarded by Six Sigma Star Healthcare, New Delhi, India as Best Physiotherapy College of the Year for the year 2020-21 and My FM LEADERSHIP AWARD 2020 for Excellence in Physiotherapy education in year 2020-21.

Our objective of imparting professional education, combined with fostering innovative thinking, application of knowledge, inculcating professional ethics and consciousness to social responsibilities, are being met at B.N. Patel College of Physiotherapy.

From the Trustee's Desk



Shri Bhikhubhai N. Patel
Managing Trustee & Secretary
Sardar Patel Education Trust, Anand

Greetings!!!

Dear Students

Sardar Patel Education Trust (SPET), Anand has been in educational discipline since 1969 and completed 51 years in academic field. B. N. Patel College of Physiotherapy was introduced in 2016. Adapting the principles of innovation and passion for excellence, the institute has set a unique tradition in the field of education. I am indeed happy to say that we, at the B. N. Patel College of Physiotherapy, have adopted excellent educational practices and teaching methodologies. This is possible only because excellent facilities like well equipped laboratories and physical exercise center, well managed resource center, modern auditorium, conference facilities and classrooms well equipped teaching aids, etc. The ambience of the Institute is student friendly and the students have always been our first priority & for their education growth, we recently inaugurate 3 Physiotherapy extension centers in anand district sarsa and lambhvel village and My family Medical OPD clinic in association with Zydus hospital and also started Physiotherapy Facilities for Paeditrics, Gynecology and Surgical Conditions for Community and this year we are providing Digital teaching to our Physiotherapy students.

I welcome you to our Physiotherapy College and wish you the best of luck for admission and career in vastly expanding health science arena.

Director's Desk



Dr. Atit Kantawala
Medical Director
M.S. Ortho

Director's Desk



Dr. Arrpita Arorah
Director

I pleased to welcome you to our institute. B. N. Patel College of Physiotherapy is well known for various initiatives in professional education. It is right from the very inception of this Institution that the students admitted in Bachelors of Physiotherapy program offered by the Institute have to pass through a ACPC admission process.

The Institute has always seen quality education as first priority, thus, ensuring the academic rigour and overall personality development of the students. Consistent efforts are made for bringing refinement in everything that concerns the Institution. The curricula and syllabi are approved by Sardar Patel University revised in view of changing needs as per physiotherapy profession. Research is one of the top-most priorities, because it is believed that generation of knowledge enriches us with freshness and empowers each individual to overcome antiquity. However, there is always a scope for continuous improvement in the journey towards excellence & also this year we are happy to announce that we are achieving one more milestone as our 1st batch Intern batch came out in year 2021 as a professional physiotherapists.

All the best to all the future physiotherapists.

My dear young students,

EDUCATION HAS FIVE FACETS- Information, Innovation, Concept, Imagination and Responsibility.

It is my privilege to share my views through this brochure, the best media to connect the young and enthusiastic minds. The institute presents an education system that goes beyond chalk and talk, we believe in imparting our students with the basic as well as advanced knowledge of all the subjects along with their clinical details.

Teaching at B. N. Patel College of Physiotherapy, as not only been confined to a few standards and patterns but most of the courses are integrated with on-field training exposures, clinical postings at hospitals, interactive interactions with faculties, expertise, conferences, workshops, seminars, symposiums and other subjective trainings to augment their 360° knowledge. We serve large number of patients attending physiotherapy OPD and thus students have a good practical exposure and more importantly they learn how to deal with the patients and this year COVID 19 Vaccination center was also given by Govt of India to B.N. Patel College of Physiotherapy at anand district for free vaccination.

Keeping in mind the institute's mission of academic excellence, B. N. Patel College of Physiotherapy is always continuing its inexorable developmental activities. This is reflected by the consistent expansion of infrastructure, faculty, research contributions National as well as International linkages & collaborative initiatives & also in this pandemic time learning and Co-Curricular activities were managed online as our priority list.

I wish all the students great success ahead.

Director's Desk



Dr. Neha Shah
Director
MS, FIAGES, FMAS,
FAIS, FALS

B. N. Patel College of Physiotherapy is committed to achieve Excellence in Education & Research and assesses the success and leadership of its programs using the highest standards of quality, innovation and visibility. Our goal is to be the most preferred choice of students, faculty and produce highly qualified physical therapist.

Our objectives of imparting professional education, combined with fostering innovative thinking, application of knowledge, inculcating professional ethics and consciousness to social responsibilities, are being met at B. N. Patel College of Physiotherapy in an integrated form. We wish to encourage and promote research activities and integrate it with teaching learning process. We believe in lifelong learning and training, leading to benefits of the society.

My regards and Best wishes to all students.

Principal's Desk



Dr. Ankur Khant
I/C Principal
Master of
Physiotherapy
(Cardio-pulmonary), Ph.D.

Welcome to Department of Physiotherapy, a department that focuses on opportunity and achievement, a place where students are encouraged and supported to excel. As rightly said by Albert Einstein, "Education is not learning of facts but training of mind to think". Keeping the very fact in mind the department with the support of it's able faculty members, visionary management and excellent and extensive infrastructure entrenches perseverance and a never-say-die spirit from academics to co-curricular activities in the heart of every student to not only making them good physiotherapists but brilliant human beings.

Physiotherapists are key players in the health care system today especially in COVID 19 pandemic. They help in restoring and improving movements, keeping patients healthy, fit and active thereby improving the quality of life. They also play an important role in avoiding surgery and long term use of medications.

Do join us on this journey towards excellence.

Our Mission

Our mission is to provide innovative physical therapy education, conduct research that advances the practice of physiotherapy and provide high standards of health.

Our Vision

The vision of the physical therapy program are:

- Contribute to best practice standards and improve health care
- Create innovative health program
- Promote the provision of ethical, efficient, and cost effective physical therapy service
- To increase/ enhance educational and research program



**"If you apply yesterday's lessons to today's efforts,
you will enjoy tomorrow's success."**



Developmental Journey

2016

- New building set up done for Clinical and Academic purpose which includes individual OPD's of Musculoskeletal, Neuro-pediatric, Cardio-pulmonary, Medical Gym and Women's Health under one roof establishment of 3 Physiotherapy Extension Centers at IIT Ashram-Vallabh Vidyanagar, Nagarpalika-Vallabh Vidyanagar and Shree Jain Sarvajanic clinic-Anand
- Expansion of Physiotherapy seat intake from 60 seats to 100 seats per year
- Yearly growth of OPD patients from 3223 patients in 2016, 18579 patients in 2017, 21913 patients in 2018, 54276 patients in 2019 and 25220 patients in 2020
- The institute has broadened from a substructure to a well-designed infrastructure over the years to ensure sustainability of the course
- Our First Academic batch (2016-17) started Internship program this year and completed their 6 month internship in year 2021
- COVID 19 Vaccination center was also given by Govt of India to B.N. Patel College of Physiotherapy at anand district for free vaccination

2021



CLINICAL FACILITIES...

Physiotherapy OPD for...

- ★ Musculoskeletal and Sports Department
- ★ Adult and Pediatric Neuro Department
- ★ Cardio-Pulmonary Department
- ★ Computerized EMG and NCV studies.
- ★ Women's Health and Geriatric Rehabilitation Department
- ★ Medical Gym
- ★ 3 Extension OPD Centers in Anand District:
 - ★ IIT Ashram -Vallabh Vidyanagar,
 - ★ Nagarpalika-Vallabh Vidyanagar
 - ★ Shree Jain Sarvajani clinic-Anand
- ★ Advanced Research Lab
- ★ In-patient department is available with the attachment of various hospitals.





ORTHOPEDICS AND SPORTS DEPARTMENT

Orthopedics and Sports Physiotherapy is a scientific approach to treatment, following Evidence based guidelines.

Orthopedics and Sports physiotherapy also includes Pre and Post Operative rehabilitation of all joints.

Orthopedic conditions treated at the physiotherapy department includes: Ligament sprain and tear, fracture rehabilitation, inflammation of tendon and bursa, OA, RA, scoliosis, neck pain, back pain, shoulder pain, pre and post surgical rehabilitation.

Physiotherapy treatment includes:

- Manual therapy
- Joint mobilization
- Tapping
- Soft tissue manipulation
- Exercises – biofeedback exercises, swiss ball, dumbbell, weights, thera band and thera tube

Advanced electrotherapeutic services includes:

LASER, TENS, IFT, Ultrasound, Paraffin Wax Bath, IRR, SWD, Traction, Electrical stimulation, Combination therapy, Cryo-therapy, MWD, LWD, Moist heat therapy.

Homes exercises are scientifically designed to help you mobilize the joints and strengthen the muscles. This is a critical part of your journey to return to full health.





NEURO-PHYSIOTHERAPY DEPARTMENT (ADULT AND PEDIATRIC)

Neuro-physiotherapy Department is one of the earliest super-specialty at our Institute. The core focus of the department has been on quality patient care, research and to achieve academic excellence.

The Neuro-department has tried to maintain impeccable record of comprehensive patient care, clinical teaching and training of students as well as contribute significantly to the scientific literature in terms of research. The department actively pursues clinical care and research activities in the sub-specialties of Movement Disorders, Neuro-infections, Stroke, Epilepsy etc.

The neuro-department is equipped with the latest modalities such as Electromyography (EMG), Nerve Conduction Study (NCS) and Mc Master Balance Board for the diagnosis and management of various neurological disorders that affect the brain, spinal cord, nerves and muscles such as stroke, Nerve injuries, infections of the brain and peripheral nervous system, seizures disorders such as epilepsy, movement disorders such as Parkinson's disease, spinal cord disorders, multiple sclerosis, vestibular dysfunction, speech and language disorders, pediatric conditions such as developmental delays, cerebral palsy and muscular dystrophy and Functional re-education program such as mat activities.

Different Neurological approaches such as

- Neurodevelopmental Techniques (NDT)
- Brunnstrom approach
- Rood's approach
- Proprioceptive Neuromuscular Facilitation (PNF) approach
- Motor relearning program (MRP)
- Myofascial release (MFR)
- Constrained Induced Movement Therapy (CIMT)





CARDIO-PULMONARY DEPARTMENT

Cardiac rehabilitation is a customized out patient regime of exercise and education. It is designed to help and improve your health and recover from the same. Conditions like Myocardialinfacrctions, Cardiac myopathies, Congenital Heart Diseases , Angina Pectoris can be resolved or treated with the help of cardiac rehabilitation.

Also, conditions such as angioplasty , Coronary Artery Bypass Grafting (CABG) along side of pulmonary conditions such as COPD , Asthma , Pneumonia , Tuberculosis etc. can be treated.

Cardiac rehabilitation is also useful for conditions such as diabetes , hypertension and thyroid.

Investigations like ECG , TMT , PFT are available with emergency medical help of AMBU bag , Oxygenn support , Flutter , and spirometer.

Cardio-vascular fitness can be improved through physical activities such as muscle strengthening, weight lifting , resistance training , body weight training accompanied by breathing techniques.





MEDICAL GYM

It is an individualized health risk management model designed to maximize a person's health in quality of life. Medical Gym provides building bone health, improving muscle flexibility, strength and maintaining the joint articulation.

Our gym offers all different types of work out sessions that are

- Aerobic training
- Zumba
- Stick workout
- Stepper workout
- Chair workout
- Kick-boxing
- Theraband workout
- Medicine ball workout
- Swiss ball workout
- Core workout
- Tyre workout
- Our gym has equipments facilities such as
- Multi Gym
- Treadmill
- Static cycle
- Cross trainer





WOMEN'S HEALTH DEPARTMENT

The department of Physical Therapy for Women's offers an adjustable and supportive environment with utmost peace that is specifically designed by drawing focus on the women's health.

The women's health department offers to support :

- ☞ Females pelvic floor dysfunction
- ☞ Antenatal and postnatal care
- ☞ gynecological conditions such as Dysmenorrhea, menopausal pain and conditions
- ☞ Post-operative cases of hysterectomy, oophrectomy, mastectomy with care, guidance and counselling

Different therapeutic interventions using:

- ☞ Swiss ball exercise
- ☞ Partner training
- ☞ Relaxation and massage techniques
- ☞ Preparation for delivery techniques are our main focus for prenatal phase of motherhood
- ☞ Yoga Sessions



ACADEMIC FACILITIES

Advanced Classrooms

Hi-tech Exercise therapy & Electrotherapy Laboratory

Well Managed Information Resource Centre

Practical Exposure



Lajja communications

LIST OF SUBJECTS APPROVED BY S P UNIVERSITY

FIRST YEAR BPT

Main Subject: for university Examination

1. Human Anatomy
2. Human Physiology
3. Bio- Chemistry
4. Sociology
5. Bio-Medical Physics & Computer Applications
6. Exercise Therapy & Biomechanics-I (inclusive of Massage manipulation)

Subsidiary Subjects: Not for University Examination

7. Introduction to Physiotherapy
8. Nursing, First Aid with emphasis on CPR
9. English

SECOND YEAR BPT

Main Subjects: for university Examination

1. Pathology & Microbiology
2. Pharmacology
3. Medicine-I (General Medicine, Cardio Respiratory disorders, Intensive & Emergency care)
4. Psychology
5. Exercise Therapy & Biomechanics-II

Subsidiary Subjects: Not for University Examination

7. Radiology
8. Yoga and Naturotherapy

THIRD YEAR BPT

Main Subject: for university Examination

1. Medicine-II (Neurology & Pediatrics)
2. Surgery (General Surgery & ENT, Cardiothoracic Surgery & Neuro Surgery)
3. Obstetrics & Gynecology
4. Community Medicine
5. Electro Therapy
6. Physical and Functional Diagnosis

Subsidiary Subjects: Not for University Examination

7. Dermatology
8. Psychiatry
9. Ophthalmology
10. Acupuncture and Magneto Therapy

FINAL YEAR BPT

Main Subjects: for university Examination

1. Physiotherapy in Neuro-Muscular Condition
2. Physiotherapy in Musculo-Skeletal Condition
3. Physiotherapy in CardioPulmonary & General Medical-Surgical Conditions
4. Physiotherapy in Community Health
5. Bio-engineering
6. Bio-Statistics & Research Methodology

Subsidiary Subject: Not for University Examination

7. Introduction to Evidence Practice in Physiotherapy
8. Management and Ethics

#college examination will be conducted for this subject

NOTABLE HALLMARKS



- Outstanding Infrastructure
- Located in Heart of The City
- Prodigious/Excellent Learning Environment
- Well Equipped Laboratories
- Well Learned, Experienced and Meticulous Faculties
- e- Learning
- Hospital Based Clinical Experiences
- Remarkable MOUs and Collaborations
- Career Counseling and Placement Assistance
- In-House Clinical Facilities

CLINICAL DETAILS

Presentation of Year wise distribution of number of patients treated in our OPD departments and extension centres during 2016-2020

Year	No. of Patients
2016	3223
2017	18579
2018	21913
2019	54276
2020	25220



COURSES

Bachelors of Physiotherapy
Master of Physiotherapy (Proposed)

THREE PILLARS OF INSPIRATION OF LEARNING

- INSTILL A CULTURE OF RESEARCH
- PROVIDE HANDS ON LEARNING EXPERIENCE
- ENHANCE EMPLOYABILITY

ACADEMIC RULES & REGULATIONS



ELIGIBILITY

Passed the examination of 12th standard science stream (B Group).

ADMISSION

The students are required to collect all the information prior to taking admission to the respective course

RAGGING

Ragging of students or any such activity is strictly prohibited in the campus.

MOBILE PHONES

The mobile phones are strictly prohibited within the campus.

REMEDIAL CLASSES

Private tuitions are not allowed. To help students, institute may arrange remedial classes.

PRIVATE PARTIES

Private parties with college students for zero cause (welcome, farewell etc.,) are prohibited.

LEAVE

No student will leave the institution or go out of station without prior written permission from the director of administration or HODs.

DRESS CODE

- Students must wear apron during their classes as well as clinical posting.
- Student are not allowed to wear t-shirts
- Girls are allowed to wear jeggings or leggings with knee length kurtis alongside.
- No nail paint or nail arts allowed and nails must be properly trimmed.
- Hairs to be tied up properly.

CHANGE OF ADDRESS & PHONE NUMBER

Students have to inform the institute in case of change in their permanent/ local addresses and telephone numbers during their course of studies to institute in written within 24 hours if any.

DISCIPLINE OF STUDENTS

Students are required to observe decorum while pursuing the course. The management reserves the right serve warning or to suspend the students on violation of the disciplinary code of conduct.

INSTRUMENTS

Basic physiotherapy instrument goniometer, stethoscope, hammer and measuring tape are must during clinics and practical classes.

CARING OF INSTITUTE PROPERTY

Any student found guilty of damaging the property of institute will be penalized by an appropriate fine being levied or in any manner as deemed fit by the management of the institute.

REQUIREMENTS

The college enforces healthy policies & practices maintaining the best academic standards for the benefit of students. Students should meticulously follow the requirements of attendance, internal examinations, test performances, assignments, class work and any other work assigned by the teachers time to time, failing which they will not be allowed to appear for the university examination.

It is required that the students make themselves aware of the time table schedule, progress on the studies, schedule of examinations, tutorials, class work, assignments and any other work assigned by the teacher. It is the responsibility of the students to attend the college regularly and be updated about all the academics and their requirements throughout the year.

STRICTLY FORBIDDEN in any part of institution are:

- Smoking
- The possession or use of alcoholic beverages
- The possession or use of additives or hallucinogenic drugs
- Gambling
- The possession or use of firearms or any lethal weapons
- Loitering around unnecessarily

POSTING

Students should attend posting, compulsorily. During posting to various hospitals, students have to compulsorily fill log book of work undertaken and get signed by concerned HOD/medical officer.

*All legal matters are subjected to Anand Jurisdiction.
*All Power is within you; you can do anything and everything.



DETAILS OF STAFF

Sr. No.	Staff Name	Qualification	Designation	Teaching Experience
1	Dr. Ankur khant	BPT , MPT, Ph D	Principal & Associate Professor	13 Years
2	Dr.Vishwas G Vaghela	BPT, MPT, Ph D Scholar	Associate Professor	16 Years & 4 Months
3	Dr.Sonia Bhatia	BPT, MPT	Assistant Professor	8 Years & 5 Months
4	Dr.Ishan Pathak	BPT, MPT, Ph D Scholar	Assistant Professor	5 Years & 5 Months
5	Dr.Gopi Panchmatia	BPT, MPT	Assistant Professor	2 Years & 5 Months
6	Dr.Dhruvi Sheth	BPT, MPT	Assistant Professor	2 Years & 5 Months
7	Dr.Shachi Shah	BPT, MPT	Assistant Professor	2 Years & 2 Months
8	Dr.Komal Patel	BPT, MPT	Assistant Professor	3 Years
9	Dr.Renuka Dafda	BPT, MPT	Assistant Professor	3 Years & 9 Months
10	Dr.Hemangi D. Parmar	BPT, MPT	Assistant Professor	2 Years & 5 Months
11	Dr.Pranali Shah	BPT, MPT	Assistant Professor	1 Years 8 Months
12	Dr. Souparnika Naveen	BPT, MPT	Assistant Professor	5 Months
13	Dr Priyanka Terrence Swammy	BPT	Clinical Therapist	9 Years 5 Months
14	Dr.Mayurika Goswami	BPT	Clinical Therapist	13 Years & 2 Months
15	Dr. Yesha Macwan	BPT	Clinical Therapist	5 Months

ACHIEVEMENTS OF STAFF MEMBERS

Name	Achievements
Dr. Ankur Khant	<ol style="list-style-type: none"> 1. Completion of PhD 2. Research paper presentation on "The Role Of Inspiratory Muscle Training On Lung Function And Quality Of Life In Cotton Industry Workers" in 2nd National Research Scholars Meet by Sri Guru Granth Sahib World University, Fatehgarh Sahib, Punjab. 2021 3. Research paper presentation on "Efficacy Of Aerobic Exercise On Pulmonary Function And Quality Of Life In Cotton Industry Workers" in Scientifica 2021 organized by Sancheti College of Physiotherapy, Pune. 4. Editorial Board Member for International Journal of Pharmacognosy and Chinese Medicine. 5. "Young Researcher Award 2020" received by Institute of Scholars (InSc). 6. Reviewer for Journal of Institute of Scholars (InSc).
Dr. Vishwas Vaghela	<ol style="list-style-type: none"> 1. Webinar on Health Awareness talk on the occasion of World Spine Day, 16th October 2020.
Dr. Sonia Bhatia	<ol style="list-style-type: none"> 1. Yoga Teachers Training Programme: 200 hours from Yoga Alliance USA. 2. Certificate in Yoga as a therapeutic approaches in Pelvic Health Care. 3. Certificate in Advanced Cardiovascular Life Support.
Dr. Ishan Pathak	<ol style="list-style-type: none"> 1. Yoga Teachers Training Programme: 200 hours from Yoga Alliance USA. 2. Internationally Certified Sports Nutritional Expert by IOC
Dr. Renuka Dafda	<ol style="list-style-type: none"> 1. Paper Publish under the title, "A Study to Find out effects of Vestibular Rehabilitation in Geriatric Population: A Systematic Review".
Dr. Dhruvi Sheth	<ol style="list-style-type: none"> 1. Certificate in COVID-19: Operational Planning Guidelines and COVID-19 Partners Platform to support country preparedness and response. 2. Certificate in 6th International world Yoga Day; Yoga awareness E-quiz 2020. 3. Gujarat Boart Yoga trainer.
Dr. Komal Patel	<ol style="list-style-type: none"> 1. Certificate in Systematic Approach to Assessing the Young Adult with Hip Pain- Part 2. 2. Certificate in Introduction to Yoga for HCPs Personal and Patient Care now and in the future. 3. Certificate in K- Taping for Women's Health Basics.
Dr. Pranali Shah	<ol style="list-style-type: none"> 1. Certificate in COVID-19: Operational Planning Guidelines and COVID-19 Partners Platform to support country preparedness and response. 2. Certificate in Pelvic floor dysfunction: the missing link in present LBP?
Dr. Hemangi Parmar	<ol style="list-style-type: none"> 1. Certificate in NLP Practitioner. 2. Certificate in Pediatric Assessment: Development and Musculoskeletal Case studies for Physiotherapists. 3. Certificate in CPD course for Innovators.
Dr. Shachi Shah	<ol style="list-style-type: none"> 1. Certificate in SIP-e-con, an online conference organized by Indian Physiotherapist. 2. Certificate in Foundations of Aquatic Therapy.
Dr. Gopi Panchmatiya	<ol style="list-style-type: none"> 1. Certificate in How to Prepare manuscript by Anthony Newman.
Dr. Priyanka Swammy	<ol style="list-style-type: none"> 1. Certificate in COVID-19: Operational Planning Guidelines and COVID-19 Partners Platform to support country preparedness and response. (2). Certificate in 6th International world Yoga Day; Yoga awareness E-quiz 2020.

STUDENTS REVIEWS 2020-21



Ritika Patel
Second Year BPT

B N Patel College of Physiotherapy is one of the best colleges in Anand to pursue physical therapy. It has got its own recognition among various colleges for its best faculty which is active and experienced, good infrastructure, good hostel facilities, outside exposure to students and much more.

College arranges a lot of seminars for students which inspires them to achieve great things in life, motivates to improve themselves and to learn different things. College gives exposure to patients from very beginning which helps the students to learn how to deal and treat a patient. Practical sessions are arranged regularly in order to develop skills and techniques of the students.

Physiovista's are organized which includes various competitions in sports, music, dance, fashion etc. Even various festivals and National days are celebrated in our college. Students are taken to conferences every year which makes them aware of the latest knowledge on our field and to develop confidence among a crowd of people. Gym facilities are provided by our college for the students to make them fit and healthy.

Even in this pandemic our college is arranging regular online classes, practicals, motivational and informative seminars for the students and is helping us in every possible way. I sincerely thank our director Dr Arpita Arrorah ma'am and all other teaching and non teaching staff for their support and constant motivation.



Shivani V. Mistry
Third Year BPT

Here at B N Patel College of Physiotherapy the studies are perfectly balanced with extracurricular activities to achieve overall development of the students. The faculties are all experts in their respective fields and are able to provide excellent theoretical and practical knowledge to the students. In the current pandemic situation too, our studies were not being compromised and the curriculum was taught to the best possible way through online classes. The college has an excellent infrastructure and OPDs which ensures that as students we get the best exposure with the patients. The college provides education in the true sense of the word to shape our brightest futures. I am proud and delighted to be a part of this institution.



Muskan Memon
Internee

Our college is the best place to develop a bright career. This college has its own way of updating students for their incredible growth. The exact platform to showcase your talents. It consists of wonderful infrastructure with a green environment. Faculty supports us to find and explore and to reach greater heights. The place where you grow yourself as a person and as a professional. We get good patient exposure in our well developed OPD. All different departments are well designed. We interns get a great opportunity to explore our practical knowledge through treating different conditions. We learn new things and explore our wings. Thank you.



Heli Anil Naik
Internee

Our college has excellent infrastructure, with anatomy and physiology laboratories, libraries and the ventilated classrooms. It's being a multi-disciplinary, co-educational college. Our OPD has various departments including Neurophysiotherapy, cardio-respiratory, women's health, medical gym and Orthopaedic which has a great exposure of patients with different diseases and conditions. There are several equipments in our OPD which helps to treat the patients. We even have extension centres of our college which provides us the good training to treat many patients. Lots of emphasis is laid on developing practical skills and clinical knowledge. The quality of education is good. Our faculty and clinical tutors are

best, highly qualified, well educated and knowledgeable. They put all their efforts to make things easy for us. Lecture sessions are very interactive. Our guide for dissertation helps us in our research work with patience. They are cooperative, supportive and helpful. Curriculum is updated and involves all the recent developments that make us the best physiotherapists. We have many events that take place every year like Parkinson's day, Cerebral Palsy's day, Stroke day and World Physiotherapist's day with Poster Presentations and seminars. Our college is one of the best and we are lucky to be a part of this college.

STUDENT COUNCIL DETAILS 2020-21



President
Dr. Sonia Bhatia



Vice President
Dr. Renuka Dafda



General Secretary
Savan Dhameliya



Ladies Representative
Sneha Patel



Cultural Coordinator
Vivek Kansara



Cultural Secretary
Mansi Prajapati



Cultural Coordinator
Isha Umariya



Cultural Secretary
Hiren Pambhar

The Student's Council Is Made Up Of Faculty Members And Student Nominees. The Chairperson Of The Council Is The Principal. The Students Hold Various Offices Like General Secretary And Secretaries For Sports, Cultural And Academic.

The Student Council Organizes Various Functions And Cultural Activities Including Planning Co-Ordinating And Executing "Physio Vista" The Annual Social Gathering And Cultural Event Of The College.

They Also Arrange Sports & Other Cultural Competitions. With The Help Of Student's Council The College Arranges Many Extracurricular And Personality Development Activities.

Don't say
= I WISH =
Say
I WILL



ACADEMIC ACHIEVEMENTS 2020-21



Muskan Memon
1st Rank
FINAL BPT



Kruthika Shah
2st Rank
FINAL BPT



Dhwani Patel
1st Rank
THIRD BPT



Mansi Prajapath
2st Rank
THIRD BPT



Meshwa Shah
2st Rank
THIRD BPT



Shivani Mistry
1st Rank
SECOND BPT



Isha Umaria
2st Rank
SECOND BPT



Ritika Patel
1st Rank
FIRST BPT



Bhoomi Gosar
2st Rank
FIRST BPT

EXTRA - CURRICULAR ACTIVITIES ACHIEVEMENTS 2020-21

Students Name	Activity	Rank
Kaushal Limbachiya, Arti Nainwani, Urmi Shah (3rd Year)	Model Presentation (World Disability Day)	1st
Nayan Sarvaiya (Intern)	Model Presentation (World Disability Day)	2nd
Shivani Patel , Meshva Patel (3rd Year)	Model Presentation (World Disability Day)	3rd
Jhanvi Desai , Shikha Patel (2nd Year)	Model Presentation (World Disability Day)	4th
Neen Arora , Mansi Thakkar (2nd Year)	Model Presentation (World Disability Day)	5th
Shreya Shah (Intern)	Mcq Test (World Stroke Day)	1st
Sejal Jadav, Dharavi Rathod, Priya Makwana (Intern)	Poster Presentation (Parkinson Day)	1st
Dharavi Rathod (Intern)	Dance Video Making (World Stroke Day)	1st
Priya Makwana (Intern)	Dance Video Making (World Stroke Day)	2nd
Kaushal Limbachiya (3rd Year)	Dance Video Making (World Stroke Day)	3rd
Dhwani Patel (4th Year)	Collage Making Competition	1st
Isha Umaria (3rd Year)	Guess The Word	1st
Neil Patel (4th Year)	Guess The Word	2nd
Shivani Mistry (3rd Year)	Guess The Word	3rd
Shraddha Katwe (4th Year)	Nail Art Competition	1st
Archee Rana (1st Year)	Nail Art Competition	2nd
Sakshi Kanojiya (1st Year)	Nail Art Competition	3rd
Sakshi Kanojiya (1st Year)	Rangoli Competition	1st
Shweta Sonawane (2nd Year)	Rangoli Competition	2nd
Khushi Bhatt (2nd Year)	Rangoli Competition	3rd
Vivek Kansara (3rd Year)	Fitness Mania (Boys)	1st
Vanshika Patel (1st Year)	Fitness Mania (Girls)	1st
Shivani Mistry (3rd Year)	Ramp Walk	1st
Archee Rana (1st Year)	Ramp Walk	2nd
Harsh Patel (1st Year)	Mimicry	1st
Dhwani Patel (4th Year)	Food Carving	1st
Rutvi Patel (2nd Year)	Pot Painting Competition	1st
Prachi Gupta (2nd Year)	Pot Painting Competition	2nd
Jeeya Patel (3rd Year)	Pot Painting Competition	3rd
Mansi Thakkar (2nd Year)	Tattoo Competition	1st
Sneha Patel (4th Year)	Tattoo Competition	2nd
Khushi Bhatt (2nd Year)	Tattoo Competition	3rd
Ilma Vahora (4th Year)	Mehendi Competition	1st
Miral Patel (4th Year)	Mehendi Competition	2nd
Rutvi Patel (2nd Year)	Mehendi Competition	3rd
Neel Patel (3rd Year)	Quiz Competition (World Asthma Day)	1st
Shaili Shah (4th Year)	Quiz Competition (World Asthma Day)	2nd
Khushbu Sachdev (4th Year)	Quiz Competition (World Asthma Day)	3rd
Ajitsingh Chavda (4th Year)	Quiz Competition (World Asthma Day)	4th
Isha Umaria (3rd Year)	Quiz Competition (World Asthma Day)	5th
Neel Patel (3rd Year)	Quiz Competition (World Hypertension Day)	1st
Shaili Shah (4th Year)	Quiz Competition (World Hypertension Day)	2nd
Khushbu Sachdev (4th Year)	Quiz Competition (World Hypertension Day)	3rd
Ajitsingh Chavda (4th Year)	Quiz Competition (World Hypertension Day)	4th
Isha Umaria (3rd Year)	Quiz Competition (World Hypertension Day)	5th
Vandana Pradhanani (1st Year)	E - Poster Competition (World Hypertension Day)	1st
Shweta Sonawane (2nd Year)	E - Poster Competition (World Hypertension Day)	2nd
Saurav Pandua (1st Year)	E - Poster Competition (World Hypertension Day)	3rd
Anant Chauhan , Swapnil Thakor , Ajitsingh Chavda, Harsh Upadhyay, Neel Patel, Vivek Kansara, Het Panchal, Ravi Dodiya, Dipesh Korat , Aksh Prajapati , Henil Patel , Dr, Ishan Pathak	Gpcl 2021 At Kmp College	Qualifier



OUR FORTHCOMING GOALS

TEACHING

The program is taught by qualified & Experienced faculties and has balanced exposure of both academic and clinical training. The undergraduate program is four and half year (4 year + 6 months internship) with a well organized curriculum and delivery modes emphasizing on evidence based on practices.

ACTIVITIES

- Various curricular and co-curricular activities round the year like physio quiz, Day celebrations, exhibitions, elocutions, sports day and Physio-Vista etc
- Free physiotherapy treatment camp on World Physiotherapy Day
- Awareness of Physiotherapy for women health with Yoga & Fitness Exercises
- Seminar & CME by subject experts
- Different committee and clubs frameworks such as sports committee, Culuturual committee and academic committee and Clubs such as parkinson club, knee club and ankle club

EVALUATION

Students are evaluated on the basis of internal test examinations conducted at certain intervals & in addition, performances of students are observed, in class, participation, attendance, assignment with practical training.

- Students must obtain minimum 35% marks of internal assessment in each paper for both theory and practical.
- In subsidiary subjects minimum 35% of total marks is compulsory for to appearing for university examination.

CAREER PROSPECTS AND OPPORTUNITIES

- Well qualified health care professionally with thorough theory and practical knowledge for recording career.
- The demand for Allied Health professionally who can provide diagnostic and therapeutic service has been growing at faster pace locally, nationally and internationally.

STUDENTS CAN PICK UP CAREER IN FOLLOWING DISCIPLINES

- Government, trust, corporate, private hospitals
- Research centers/institutes
- Academics self established
- Therapeutic centers
- National and International sports team
- National and International fitness centers
- Government Health Project (for women, geriatrics, pediatric patients)

INTEGRAL EDUCATION

- We believe education must not remain limited to just academic learning but it should be clubbed with other developmental activities which ensure holistic development of our students. At B. N. Patel College of Physiotherapy, we thrive to provide such integral education to our students

PHYSICAL EDUCATION

- For agility, strength, flexibility, team building and collaboration

VITAL EDUCATION

- For self-perfection and the development of one's character, courage, equanimity, developing Five sense of will power

MENTAL EDUCATION

- For development of analytical skills, Critical thinking, decision-making skills, power of organization, concentration. In our institute we give guidance & counseling, mentoring, motivational talks by the trained professionals and faculties.

MEDIA & PRESS NOTES



બી.એન.પટેલ કોલેજ ઓફ ફિઝિયોથેરાપી દ્વારા સામરખા ગામમાં નિઃશુલ્ક કેમ્પ યોજાયો

આપંદ, તા.૨૪
આપંદના સરદાર પટેલ એન્જન્યુકેશન ટ્રસ્ટે, આપંદ સંચાલિત ભીખુભાઈ પટેલ કોલેજના ડાયરેક્ટર ડૉ. અર્પિતા

અરોરાના માર્ગદર્શન હેઠળ સામરખા ગામમાં પાટીદાર સમાજ ધર્મશાળામાં નિઃશુલ્ક ફીઝિયોથેરાપી કેમ્પનું આયોજન કરવામાં આવ્યું હતું.

જેમાં મુખ્ય અતિથિ તરીકે શરદાબેન પટેલ અને ભીખુભાઈ પટેલ ઉપસ્થિત રહ્યા હતા.

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બી.એન.પટેલ ફિઝિયોથેરાપીમાં નિઃશુલ્ક કોવીડ રસીકરણ કાર્યક્રમ

આપંદ, તા. ૧
આપંદના સરદાર પટેલ એન્જન્યુકેશન ટ્રસ્ટે, આપંદ સંચાલિત ભીખુભાઈ પટેલ કોલેજના ડાયરેક્ટર ડૉ. અર્પિતા

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બી.એન. પટેલ ફિઝિયોથેરાપીમાં ડી બોડી કમ્પોઝિશન એનાલાઝર કેમ્પ યોજાયો

આપંદ, તા. ૨૧
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બી.એન.પટેલ ફિઝિયોથેરાપીમાં આજે નિઃશુલ્ક ન્યુરો ફિઝિયોથેરાપી કેમ્પ

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બી.એન.પટેલ કોલેજ ઓફ ફિઝિયોથેરાપીમાં બાળકવા દિવસની ઉજવણી

આપંદ, તા. ૨૧
આપંદના સરદાર પટેલ એન્જન્યુકેશન ટ્રસ્ટે, આપંદ સંચાલિત ભીખુભાઈ પટેલ કોલેજના ડાયરેક્ટર ડૉ. અર્પિતા

બી.એન.પટેલ ફિઝિયોથેરાપી દ્વારા વિવિધ સારવાર અપાશે

આપંદ, તા. ૨૧
આપંદના સરદાર પટેલ એન્જન્યુકેશન ટ્રસ્ટે, આપંદ સંચાલિત ભીખુભાઈ પટેલ કોલેજના ડાયરેક્ટર ડૉ. અર્પિતા



To build great institute requires



Great Will, Great Efforts and Great Care

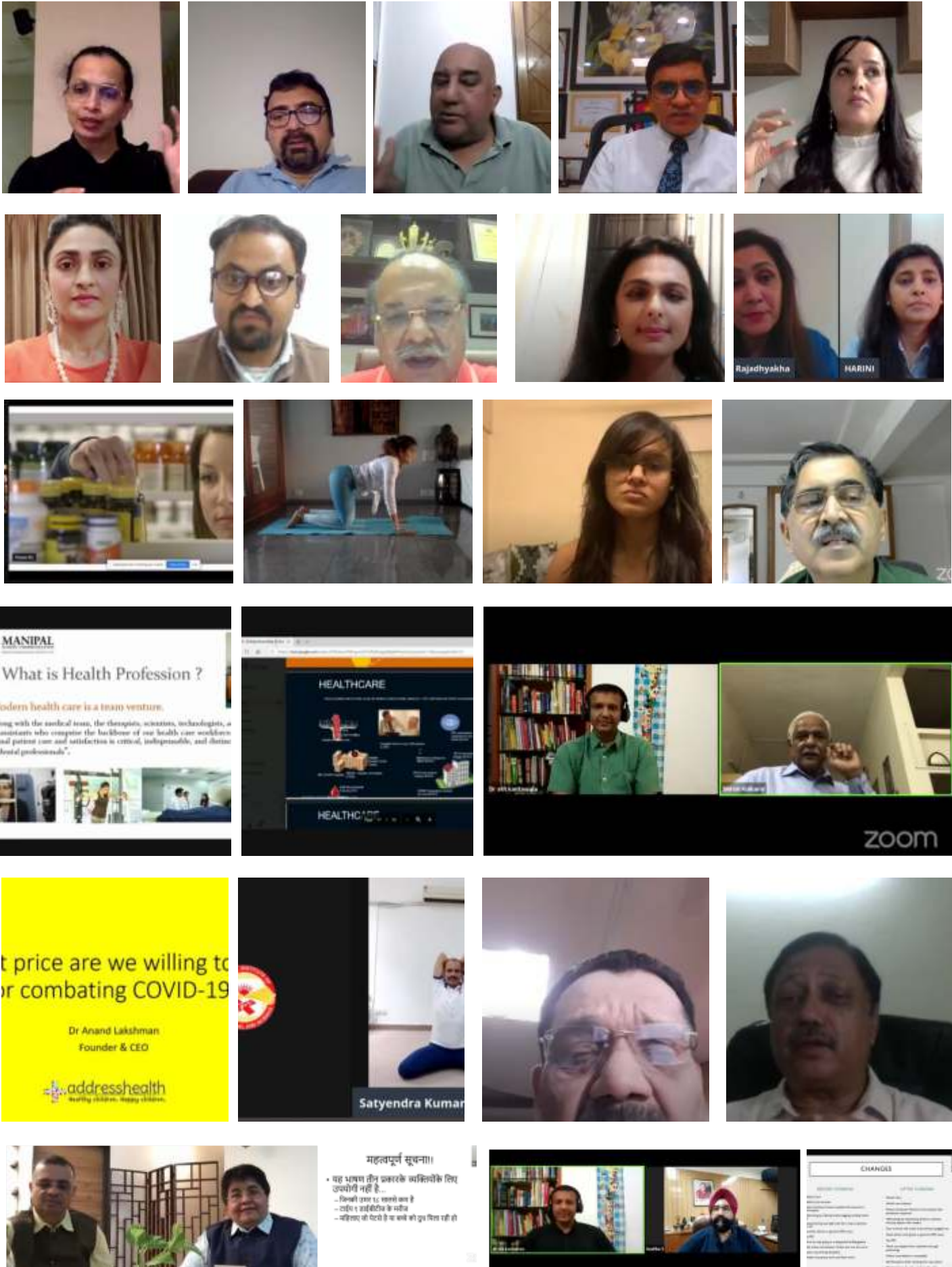


ACTIVITIES OF 2020-21

1.	4th January 2020	Best Physiotherapy College awards by Six Sigma Health Institute.
2.	10th January 2020	Celebration for 50 Years of SPET completion.
3.	28th February 2020	Inauguration of New Extension Center opening at V.V.Nagar.
4.	7th March 2020	International Women's Day celebration by all female faculty and students
5.	21st June 2020	6th International Yoga day celebrated in college. Yoga Awareness Quiz arranged by college. And E – Certificate distribution to all participate. In Ministry of Ayush take live Facebook yoga session.
6.	8th September 2020	World physiotherapy day celebrated with the team that was post covid rehab. Student present poster related to that team, staff, and student activity with virtually meeting
7.	6th October 2020	World CP day celebrated virtually meeting with student and parents review taken
8.	12th October 2020	World arthritis day celebrated with make template by students. And take photo to treat patients. and counselling them.
9.	20th October 2020	World osteoporotic day, Dr. Mikirsoni taken lecture on zoom application. All first to final year students attended this lecture.
10.	29th October 2020	World stroke day. Dance therapy making video made by students.
11.	23rd Nov. 2020	World Diabetes Day was celebrated. Dr. komal and Dr. Gopi were counselling the patients. They also taught Physical Exercise and gave Diet chart guidance.
12.	3rd December 2020	World disability day. Students Participated in disability modules. Model Presentation. Top 5 winners of the competition are
		1st rank: Kausal, Urmi, Arti (Third year), 2nd rank: Nayan (Intern), 3rd rank: Meshwa, Shivani (Third year), 4th rank: Jhanvi, Shikha (Second year), 5th rank: Neen, Mansi (Second year)
13.	8th January 2021	Guest Lecture by Mrs. Arti Vyas on: Goal Setting
14.	9th January 2021	Guest Lecture by Mrs. Arti Vyas on: Time Management
15.	8th March 2021	Women's Day Celebration (PURPLE SKY) celebrated Women Empowerment at SPET Campus. PAN India Women's were invited and were awarded with the Women Achiever's Award.
16.	20th March 2021	Expert talk was organised on the topic : "Resilience and coping with COVID-19 times." By Dr. Nischall Bhatt. Fun activities were conducted during session were students participated in the activity.
17.	2th April 2021	"World Autism Day": Free Physiotherapy Camp on 1st to 3rd April in Neuro Department.
18.	7th April 2021	'World Health Day': Webinar on Intestinal Health & Probiotics by Dr. Neerja Hajela & Ms. Sneha Panchal.
19.	11th April 2021	World Parkinson's Day: E- Posture Presentation on "Mental Health and Parkinson's" by Intern Students. 1st Rank : Dharavi Rathod , Priya Makwana, Sejal Jadav
20.	15th June 2021	Physiotherapy E-Annual Day Celebration in which the guest appearance by Manish Pandey, Famous Indian Cricketer and Mr. Surendra Khanna

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WHY ARE WE IDEAL FOR LEARNING ?



Enhanced Employment



E-Learning



**Character Education, Excellence
Empowerment and Life Skills**



Research Inclination



**Innovation, Practical Learning
Experience and
360° Development**



COMMUNITY SERVICES



COVID 19 vaccination centre approved by government of India

B N Patel college of physiotherapy and B N Patel college of Paramedical and science (Paramedical division) got COVID 19 vaccination centre which approved by government of India under health and welfare department in April 2021

At our vaccination centre more than 6000 population get vaccinated at Anand district.

Camps & Community Services

B N Patel college of physiotherapy has organized various camps and community services in and surrounding Anand district.

Since October 2020 at every Thursday college has organized different camps in which around 70 to 80 patients are getting benefitted of that camp services



Convocation 2K21



26 June 2021, Convocation & Intern's farewell 2K21
Honorable Guest : Mr. Nayan Mongia former Indian Cricketer

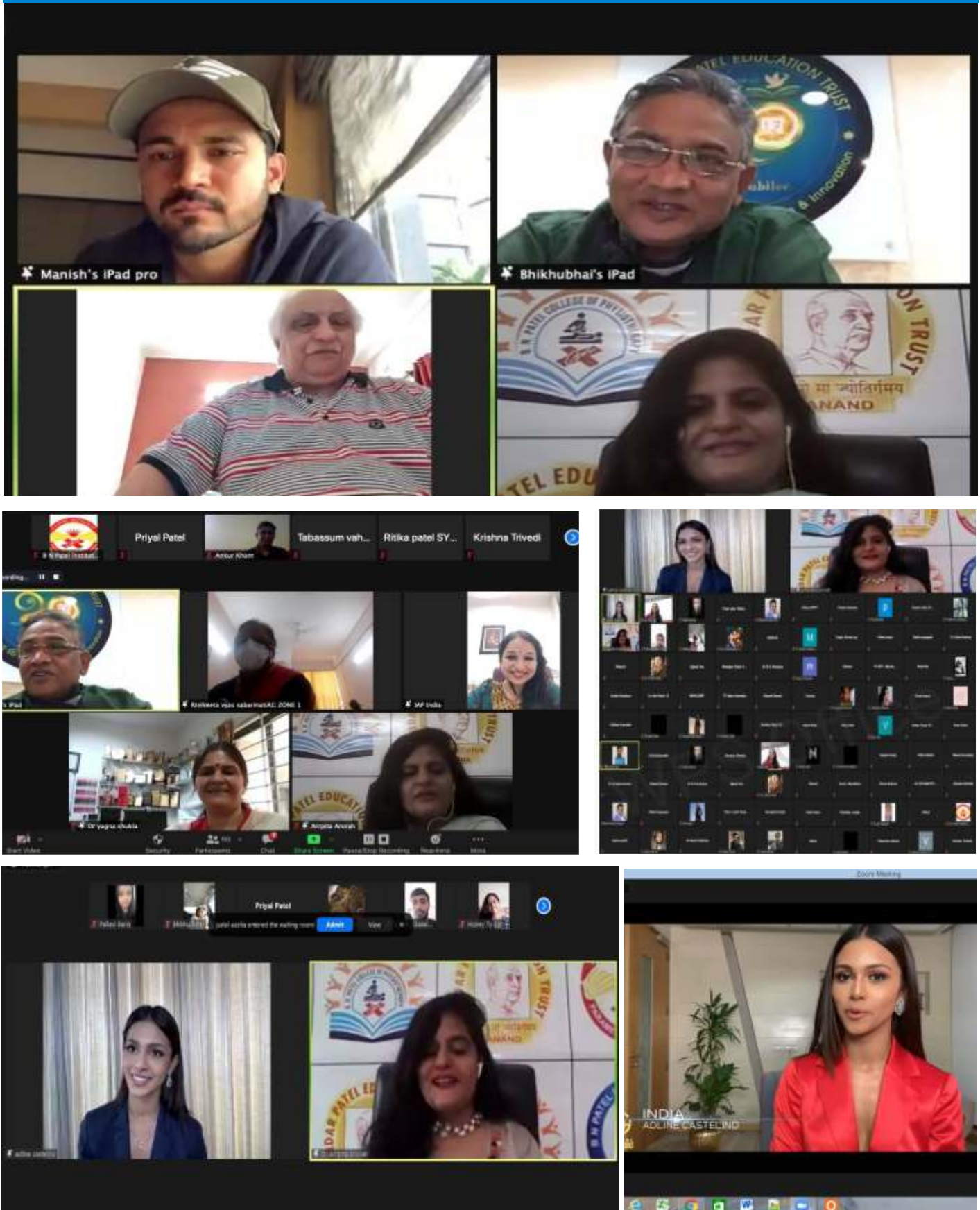


15th June, 2021, E-Annual Event 2020

Honorable Guest: Mr. Manish Pandey, Indian Cricketer,

Mr. Surinder Khanna, Former Indian Cricketer, Ms. Adline Castelino, Miss Universe 3rd Runner Up

E-Annual Event 2020



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PHYSIOTHERAPISTS PRACTICE IN MANY SPECIALISED AREAS:

Cardiorespiratory

Providing healthcare services to people with heart or lung problems, including people in intensive care and following surgery as well as maintenance of cardiovascular fitness.

Gerontology

Providing healthcare to older people, including maintaining fitness and maximizing physical ability.

Musculoskeletal

Healthcare delivery in sports physiotherapy, spinal physiotherapy, exercise prescription and rehabilitation following surgery.

Neurology

Healthcare services for people with neurological conditions such as stroke, spinal cord injury, Parkinson's disease and multiple sclerosis.

Paediatrics

Provision of healthcare services to babies, children, adolescents and their families.

Animal

Treating animals with musculoskeletal problems.

Aquatic

Treating clients in water.

Education

Teaching undergraduate and graduate students of physiotherapy and related disciplines. All our graduates are prepared to provide clinical education to undergraduates.

Health and wellbeing

Design, delivery and promotion of age-specific activities for individuals or groups to promote strength, fitness and wellness in the community and prevent functional decline.

Management

Managing healthcare facilities, allied health services, and coordinating other aspects of the healthcare system.

Occupational health

Analysis of biomechanics in the workplace, strategic management of risks of injury in the workplace and healthcare services for injured workers.

Women's health

Promoting the wellbeing of women across the lifespan, including before and after childbirth and strategies for management of incontinence.

Research

Advancing fundamental knowledge and healthcare practices.

Pillars of Inspired Learning



INSTILL A CULTURE OF RESEARCH & INNOVATION



PROVIDE A HANDS-ON LEARNING EXPERIENCE



ENSURE EXPOSURE TO DIVERSE DISCIPLINES & CULTURES



NURTURE ENTREPRENEURS & IDEAS



ENHANCE EMPLOYABILITY



ENCOURAGE MERIT THROUGH SCHOLARSHIPS

B. N. Patel College of Physiotherapy is a pioneer of the 'Inspired Learning' approach to higher education. Its academic delivery model goes beyond classroom education to provide holistic learning experience for the students

Our College through its innovative pedagogy, has created an ecosystem of teaching and research excellence that is based on the 6 pillars of Inspired Learning

HALLMARKS OF COLLEGE

628	100	18	4
Books	E-books	Faculty strength	Journals
14	10	1	1
Hospitals and Clinics visited	AV resources	Seminar hall	Seminar hall
12	Hospital attachments in and around Anand	6	1
		Number of labs	Computer lab

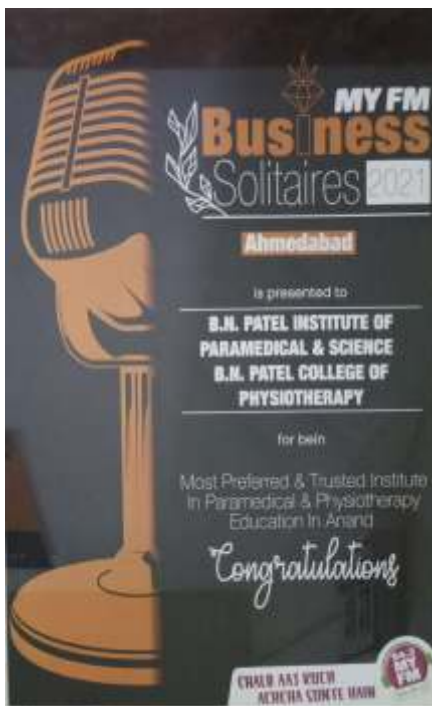
Video conferencing:

More than 100+ E-guest Lectures, Work shops and seminars

AWARDS TO THE INSTITUTE DURING ACADEMIC YEAR 2020-21



MY FM Leadership
Awards 2020



MY FM Business
Solitaires 2021



WORLD EDUCATION SUMMIT 2021
Award for Significant Contribution in
Physiotherapy Education Sector



Our Strong Support Towards



Managed By Sardar Patel Education Trust, Anand
B.N. PATEL COLLEGE OF PHYSIOTHERAPY
Opp. B N PATEL INSTITUTE OF PARAMEDICAL SCIENCE (PARAMEDICAL DIVISION)
N. S. PATEL CIRCLE, ANAND. 388001 (GUJARAT)

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